



# Byron Area High School / Middle School

## Breakfast Menu August - December 2021

All **COMPLETE** meals are **FREE** for students

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Weeks of: 8/19, 8/30, 9/13, 9/27, 10/11, 10/25, 11/8, 11/22, 12/6					
<b>1</b>	Fruit/Yogurt Granola Parfait	WG Biscuit Egg Sausage	WG Breakfast Pizza	WG Apple Frudel	WG Donut
Weeks of: 8/23, 9/7, 9/20, 10/4, 10/18, 11/1, 11/15, 11/29, 12/13					
<b>2</b>	WG Breakfast Pizza	WG Biscuit Egg Sausage	WG Dutch Waffle	WG Egg Cheese Bosco Stick	WG Cherry Fruedel
<b>Daily Choices</b>  You must take 1/2 cup fruit to receive a free breakfast	100% Fruit Juice Milk Choice WG Muffin WG Donut WG Poptart WG PBJ WG Cereal WG Cracker	100% Fruit Juice Milk Choice WG Muffin WG Donut WG Poptart WG PBJ WG Cereal WG Cracker	100% Fruit Juice Milk Choice WG Muffin WG Donut WG Poptart WG PBJ WG Cereal WG Cracker	100% Fruit Juice Milk Choice WG Muffin WG Donut WG Poptart WG PBJ WG Cereal WG Cracker	100% Fruit Juice Milk Choice WG Muffin WG Donut WG Poptart WG PBJ WG Cereal WG Cracker

**OFFER VS SERVE**  
 In an effort to reduce food waste, students may choose 3 of the 4 items, one of which must be at least 1/2 cup of fruit in order to receive a free complete meal.

**MILK OFFERINGS**  
 All flavored varieties of milk are fat-free. These may include chocolate and strawberry. White milk offered is 1% fat.

**ALA CARTE**  
 We offer a variety of a la carte breakfast and drink items in our cafeteria which are available for purchase.

Menu is subject to change without notice.

Menus may contain products that may cause allergic reactions.

The USDA is an equal opportunity provider and employer.

